



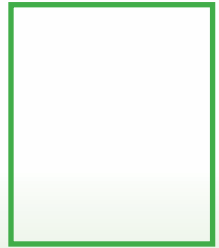
# Late Autumn Foraging for Edible Plants & Mushrooms

Join us Sunday, November 5<sup>th</sup> at 1 p.m. at Mt. Lebanon Library for our  
Annual Meeting and Program with Adam Haritan from [LearnYourLand.com](http://LearnYourLand.com)



MT. LEBANON  
NATURE  
CONSERVANCY

P.O. Box 14901  
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## Late Autumn Foraging For Edible Plants & Mushrooms

Nature provides wild edible foods even as the year draws to a close. Wild greens, roots, nuts, seeds, fruits and edible mushrooms can be harvested into the colder months. Adam Haritan, self-described food enthusiast, researcher and forager, will be your guide to discovering wild edible medicinal plants and mushrooms; nutritional benefits of wild foods; harvesting methods; drying and storing methods; medicine making and the sustainability and ethics of foraging.

**Walk the Talk:** Join Adam on Sunday, December 3rd from 1 to 3pm in Bird Park to discover species that are still viable into December. Search for edible plants, tasty mushrooms, interesting trees and perhaps a few toxic species best left in the wild! **There will be a \$15 fee per person, free for MLNC members.**

